

DECEMBER

2018



Mon	Tue	Wed	Thu	Fri
<p>3 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 9:30-10:30 SS/Grow Young Fitness 9:30 Arts & Crafts— <u>Ms.Pat— Xmas Wreath</u></p> 	<p>4 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes <u>10:00 Yanesha & Idell Presentation</u></p> 	<p>5 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00 –3:30 Bridge</p>	<p>6 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes <u>10:00 Trip to the Museum for Nativity Scene</u></p> 	<p>7 7:00-8:00 WalkingDVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes 9:30-10:30 SS/Grow Young Fitness <u>10:00 Shop Downtown Wetumpka</u> <u>12:30 –1:30 Shop Thrift store</u></p> 
<p>10 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 9:30-10:30 SS/Grow Young Fitness 9:30 Arts & Crafts— <u>Gerry— Xmas Poinsettia</u></p> 	<p>11 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes <u>10:00 Shop Stores— Walmart, Dollar Tree, Catos, Lowes</u></p> 	<p>12 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge</p>	<p>13 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes <u>10:00 Angles for the Elderly with Jane</u></p> 	<p>14 <u>Senior Center Christmas Luncheon</u> At 11:30am Bring your sides— No Desserts. <u>The Band UpBeats</u> <u>NO EXERCISE</u></p> 
<p>17 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 9:30-10:30 SS/Grow Young Fitness <u>10:00 Wetumpka Elementary Clown Troop</u></p> 	<p>18 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes <u>10:00 Roosevelt W.E.E.E. Ready!</u> (Waste Electrical and Electronic Equip-</p>	<p>19 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge</p> 	<p>20 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes <u>10:00 Christmas BINGO</u></p> 	<p>21 <u>Center</u> Magical Dance At the Civic Center 9:00am-1:00pm Purchase \$5.00 Ticket</p> 
<p>24 <u>Center Closed</u></p> 	<p>25 <u>Center Closed</u> <i>Merry Christmas</i></p>	<p>26 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young <u>NO —Bridge</u> <u>No Lunch Bring your own food</u></p>	<p>27 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Domino <u>No Lunch Bring your own food</u></p>	<p>28 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young <u>No Lunch Bring your own food</u></p>
<p>31 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 9:00 Rummikub, Cards <u>No Lunch Bring your own food</u></p>	<p>1 <u>Center Closed</u> <i>Happy New Year</i></p> 	<p>2 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 12:00-3:00 Bridge</p>	<p>3 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes</p>	<p>4 7:00-8:00 WalkingDVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes 9:30-10:30 SS/Grow Young Fitness</p>

Wetumpka Senior Center

Mary Ann Barrett – Center Director

Funded by Central Alabama Aging Consortium

REMINDERS :

Check calendar for UPDATES AND CHANGES for exercise class schedules and “table game” days. Devotionals will be held each Wednesday at 10:30am.

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Wetumpka Senior Center

The mission of the Prime Time Senior Enrichment Center is to provide programs and activities for adults 55 and over that promote the well being of older adults and enrich and increases socialization with others. Also, promote life long learning in a fun environment. Take advantage of the opportunities the Prime Time Senior Center offer and take steps to "being the best you can be." The Center Director is Mary Ann Barrett, Assistant to the Director, Angie Fraiser, Part Time Assistant to the Director, Lillie Grayson, and Bus Driver, E. Wayne Macon.

For Information about the Center call 334-567-1335.

Participants MUST BE self-contained.



Look back at November Pictures



CHRISTMAS GREETINGS

*Wish you all a Merry Christmas
May the joys of the season
Fill your heart with Goodwill and cheer.
May the Chimes of Christmas Glory
add up more shine and spread
smiles across the miles,
today and in the New Year*